**\*\*\* Edit this letter to your own voice requesting the exemptions needed.**

**\*\*\* If writing for a minor, write from guardians perspective – change “I” to “my son/my daughter”, etc.**

**\*\*\*\* DELETE NOTES ABOVE BEFORE SENDING \*\*\*\***

[Insert date]

[Insert Name of Forwarding Entity]

[Insert Address]

[Insert Address]

[Insert contact info]

[Insert contact info 2]

Dear [Insert name of Person letter is addressed to]

I am writing to request a religious exemption from covering my face with a mask or shield, and to abstain from covid testing and vaccines because these are violations of my sincerely held religious beliefs.

As a Christian and a member of the Body of Christ, my sincerely held religious beliefs are an all-encompassing aspect of my life. My religious beliefs are protected and guaranteed by the US Constitution and the Constitution of this state. My sincerely-held Christian beliefs DO NOT ALLOW ME to:

* put any type of mask, shield or covering over my face, as I am made in the image of God and I am to stand before Him with my face unveiled (2 Cor 3:18)
* be assaulted by a foreign body being inserted into my nasal passages (i.e., covid test) as my body is the temple of the Holy Spirit and is to remain pure

- have a biological substance injected into my body. My blood is sacred and life is found in the blood. My own salvation was bought and paid for by the blood of Jesus Christ and I CANNOT taint my own blood with vaccines. The Bible warns against this type of pharmakeia, and I will not violate my sincerely-held Christian beliefs.

 TITLE VII OF THE U.S. CIVIL RIGHTS ACT PROHIBITS RELIGIOUS DISCRIMINATION

Religious creed includes my dress and my grooming practices – including what I put on my head or face, and what I do with my body – as a part of my religious expression.

COVID VACCINES and COVID TESTS:

The body is the temple of the Holy Spirit and as such, should not be used for medical treatments that are unnecessary, and abhorrent. Substances in the test and the vaccine are possibly harmful to the human body, and we are called to protect the body and not participate in pharmakaia.

FACE COVERINGS:

I do not cover my face, with a mask or shield, as I am made in the image of God, and as an image-bearer of God, I must stand before him with my face unveiled. (If I covered my face in the past, I realize now how that has grieved my Creator, and I will not cover my face again, in accordance with my sincerely held religious beliefs.

Wearing a mask is an affront to my Christian beliefs and I cannot go against God’s law in covering my face. As an image-bearer of God, I must stand before him with mu face unveiled. I am a Christian. I am not a Muslim. Muslims veil their faces, not Christians. Wearing a mask is an affront to my Christian beliefs and I cannot go against God’s law in covering my face. God created me in his image and I will not and cannot cover my face with a mask, face-covering, shield or any other device.

The Bible shows us that only prostitutes and those who hide their face in shame cover their face. I am neither, and I will not and cannot cover my face at any time for any reason, in accordance with my sincerely held religious beliefs, which are protected by state and federal law.

THERE IS NO EVIDENCE I AM A DIRECT THREAT TO OTHERS

There is no evidence that I am carrying an infectious disease, so the defense of me being a “direct threat” has not been established and is therefore not valid. A licensed medical doctor who has examined me would have to determine that I am a threat and since there is not court order of quarantine against me, there is no evidence I am a threat to others.

Further, there is no evidence that I am carrying an infectious disease, so I cannot be defined as a “direct threat” because this has not been established and is therefore not valid. A licensed medical doctor who has examined me would have to determine that I am a threat and since there is no court order of quarantine against me, there is no evidence that I am a threat to others.

My religious rights and my right to privacy are protected by the U.S. Constitution and the Constitution of this State.

Further, participating in a medical experiment, such as covid testing or vaccines, is also a violation of my religious beliefs. Covid tests and covid vaccines have an emergency authorization by the FDA, not an approval. Therefore, these are experimental treatments, and I have the right to refuse consent – without being discriminated against, such as being required to stay home or be excluded from other activities.

According to the FDA, https://www.fda.gov/vaccines-blood-biologics/vaccines/emergency-use-authorization-vaccines-explained:

FDA must ensure that recipients of the vaccine under an EUA are informed, to the extent practicable given the applicable circumstances, that FDA has authorized the emergency use of the vaccine, of the known and potential benefits and risks, the extent to which such benefits and risks are unknown, that they have the option to accept or refuse the vaccine, and of any available alternatives to the product.

MY REQUESTED ACCOMMODATION

My request for accommodation is that I do not consent to getting a covid vaccine, taking a covid test or wearing a mask, shield or other face covering. I participate normally in all duties, responsibilities, activities and events without any form of discrimination, harassment, intimidation, separation or segregation.

There are no special requirements needed. I am not asking for a special room to be constructed just for me; I do not need a separate entrance; there is no need for an air filtration system, separate office or any other accommodation that would require more than a di minimis hardship for this organization.

UNLAWFUL DENIAL OF ACCOMMODATION

If this organization attempts to use a hardship defense, or a “direct threat” defense, the burden of proof is on this organization.

I do not need to defend my position; to the contrary, this organization has to meet a strict standard of proof, providing evidence that my presence as unmasked, untested and unvaccinated (in accordance with my sincerely-held, constitutionally-protected religious beliefs) presents a direct threat to the health and safety of others.

The standard of law is strict: no generalization or stereotypes can be applied. It is not lawful to make a blanket assumption that I am carrying an infectious disease that is a direct threat to the health and safety of others.

Only a court order, issued from a judge based on the sworn testimony, under penalty of perjury, from a licensed medical doctor who has examined me and has determined that I am carrying an infectious disease, could compel me or anyone to wear a mask, take a covid test or take a covid vaccine.

Absent a valid and lawful court order (which could be appealed) there is no lawful authority for this organization to compel me to wear a mask, get a covid test or take a covid vaccine.

Masks and covid tests can also be claimed under a religious exemption. This organization does not have the authority to “pick and choose” which actions and behaviors are abhorrent to my sincerely held Christian beliefs.

RELIGIOUS-BASED DISCRIMINATION IS AGAINST THE LAW

The burden of proof to refuse to accommodate my sincerely held religious belief is set at a very strict standard. According to law, stereotypes and generalizations are not valid evidence. To say that I am a threat to the health and safety of others simply due to my bare face is akin to saying all Muslims are threats to the health and safety of others because they might be terrorists.

No emergency, pandemic, health orders, executive orders, employment or business policies, rules, recommendations, regulations, guidelines, directives, or measures suspend Constitutional rights. No statute of law has been passed by the U.S. Congress that gives an exemption to this facility to allow for my rights to be violated.

None of these entities has authority to violate my constitutionally protected rights: government agencies, privately-held businesses, medical settings, and private or public schools.

The Equal Employment Opportunity Commission (EEOC) is the federal agency which investigates complaints against employers, schools (are considered businesses in the eyes of the law) and government agencies In other religions, people may wear a turban, a hat, wear a robe, even carry a knife as part of their religious expression, and this has been upheld by the Supreme Court many times. Sikh faith members for example, are able to retain their beards in the Army, even when the Army policies require a clean-shaven face. But the Sikh faith member is exempt from this requirement because his religious expression is protected by law.

HARASSMENT, COERCION, INTIMIDATION, UNDUE INFLUENCE ARE AGAINST THE LAW

The law is clear that any segregation, separate treatment, wearing of a badge, name tag, sticker or any other identification that singles me out as unvaccinated, is against the law. This constitutes harassment, intimidation, undue influence, coercion and defamation.

Retaliation is against the law. After a person, such as myself, submits a request for a religious exemption, and then is subjected to retaliation, coercion, harassment, intimidation, undue influence, those are additional violations of the law.

The law is clear that this organization must default to accept my religious beliefs as sincerely held and may only make a reasonable inquiry to clarify my beliefs. I have provided an abundance of information that is above and beyond what is required by law.

No president’s orders, OSHA regulations, CDC guidelines, health orders or school or employer policies supersede the Constitution. I look forward to your constitutionally-valid reply within 5 days.

Sincerely,

[Insert your name here]

CC:

U.S. Department of Justice, Civil Rights Division

EEOC, Civil Rights Division [Remove “EEOC, Civil Rights Division” if you’re not using this for your job]